The Appomattox Drug Store Times

800 West Confederate Blvd. Appomattox, VA 24522 – (434) 352-7161 – M-F 8:30a-6:30p, Sat. 8:30a-4p Integrating Traditional, Herbal, Homeopathic and Nutritional Therapies

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A special publication for our Very Important Patients from your Hometown Health & Wellness Center

Colds, Flu & Stomach Bugs— what are the differences, and what can you do about them?

Welcome to your first VIP* letter!

Dear Customer and Friend,

This is the first in a series of informational newsletters that you will be receiving from us. They are designed to help you in three ways:

- To provide you with seasonal information that will be of interest and benefit to you.
- To inform you of ways to fight certain types of maladies and to improve your health.
- To offer you special values that will help you save money on ever-so-many wanted and needed items. Most of these special values will not be advertised to the general public.

So please enjoy this issue and the ones to come— and feel free to pass it along to a friend when you're done!

Yours in Great Health,

Rick Pack, R.Ph. Owner,

Appomattox Drug Store

PS- If you haven't already guessed, "VIP" stands for "Very Important Patient" They may all be called by different names, but they are all caused by viruses. The real difference between them is simply the *type* of virus that causes the illness. **Colds** are most often caused by **rhinoviruses** ("rhino" is Greek for nose, so "nose viruses"). Flu is caused by **influenza viruses**.

There are other viruses, too, like hantavirus, norwalk virus (the "cruise ship" virus), herpes virus, and varicella zoster virus (chicken pox), just to name a few.

The best way to combat these viruses is with a good natural remedy— one that has anti-viral properties and also boosts your immune-system.

The two remedies we most often recommend are:

- Olive Leaf Extract, proven to be an exceptional anti-viral, as well as an anti-bacterial, anti-parasitic *and* anti-fungal.
- **KingBio Colds & Flu Homeopathic.** which is so safe that it's even recommended for children and pregnant women.

Ingredients in olive leaves work against those specific microbes causing herpes infections, skin diseases, candidiasis, malaria, arthritis, heart trouble, and yes—colds, flu, stomach bugs and other viruses.

In 1969, research scientists at Upjohn, a major American pharmaceutical company, found that **one ingredient in olive leaf extract, calcium elenolate, destroyed every harmful virus, bacteria, yeast, fungi and protozoa it was exposed to in vitro (in the test-tube).** But because there was no way to patent this particular ingredient, no pharmaceutical antivirals were developed.

Other research shows that other components of olive leaf work in combination to bolster the immune-system. When your immune-system is strong enough, the harmful intruders don't stand a chance.

The other natural remedy that I recommend is **KingBio Colds & Flu Homeopathic**.

Homeopathic *Colds & Flu* comes in a convenient pure-water-based flavorless spray that easily fits in a purse or briefcase. When taken at the first sign of symptoms, it can relieve fever, chills, achiness, nausea, fatigue, headaches, congestion, coughs and sneezing.

Best of all, it <u>prevents</u> cold & flu symptoms when taken at the beginning stages! It's hypoallergenic, and so safe, even children can take it—pregnant women, too.

Both Olive Leaf Extract and KingBio Colds & Flu work as preventatives as well as remedies.

We have the combination of Colds & Flu and Olive Leaf Extract at a special price of just \$29.99 throughout the flu season.

Finally—A Natural Weight Control Product that Works for Nearly Everybody

We always recommend that our patients examine and address their diet and lifestyle problems rather than seek a "quick fix" to unwanted weight gain. However, we've recently discovered a product that is so phenomenal that just about anyone can benefit from its abilities to burn fat while preserving lean muscle mass, prevent over-eating, and increase energy.

It's called **Bioptrin Plus**, and it contains **BioptrinolTM**, a synergistically integrated weight-loss compound that, according to the manufacturer, *Mellen Medical*, "makes up for years of over-eating and bingeing, years of being too tired to exercise, years of taking something out of the closet and finding it no longer fits, and years of dieting failure. You'll never say diet again!"

A bottle of 120 capsules is just \$39.98. Compare that to Zotrin at \$89!

Please note: although it's all-natural, **Bioptrin** is so powerful that it may not be for everybody; do talk to our pharmacist and read label disclosures carefully.

Give Bioptrin a try. Remember— we personally guarantee your satisfaction 100% or your money back. Please stop in and let us know how well it works for you!

How to Turn Dry, Callous, even Cracked Hands into Soft-as-Baby's-Skin—Almost Overnight

As a pharmacy specializing in wellness, we are constantly on the lookout for outstanding products that will help our patients. A pharmacist colleague of ours recently related the following story:

"A while back, I examined L.H.'s hands before he started using **Instaderm**. They were cracked, inflamed & had the texture of rough-grit sandpaper. I was skeptical, because those same hands had failed to respond to prescription-strength steroid creams over the years.

"About a month after he commenced using **Instaderm**, I examined L.H.'s hands again. They were unbelievably improved! All cracks and fissures were healed— even cuticles. Gone was the inflammation and his hands were smooth as silk. It is truly amazing what **Instaderm** can do." Allen Bunn, R.Ph.

How can it work so well? The active ingredient is a special extract of papaya. Because of its secret extraction process, no other skin cream has it.

"As a doctor, I have to wash my hands many times a day. This is extremely drying to the skin. I have found **Instaderm** to be very soothing and moisturizing."

J. Budavari, MD

Instaderm is imported from South Africa and is in short supply in the States. Our pharmacy has been chosen as the only pharmacy in the entire state to carry it.

It is so good that we consider it to be the finest skin cream in the world. In fact, Instaderm renders all other skin creams obsolete! It's just \$19.98 for a 3 oz. jar.

Skeptical? Just try it! And don't worry: Your satisfaction is guaranteed 100% or your money back.